

Coral Compagnoni, LMFT

Licensed Marriage and Family Therapist # 84799
Certified EMDR Therapist / EMDR Consultant-in-Training
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Contract Agreement for EMDR Therapy Individual Consultation

The purpose of this agreement is to establish a clear understanding of the expectations of consultation between you (Consultee) and Coral Compagnoni, LMFT, EMDRIA Consultant-in-Training (CIT).

The following clarifies expectations and the general structure of consultation.

1. Consultant-in-Training Status

Coral Compagnoni, LMFT is a Consultant-in-Training (CIT) with the EMDR International Association (EMDRIA). A CIT is an EMDRIA Certified Therapist who has completed the CIT declaration process, upholds the terms & agreements, and is actively working towards becoming an Approved Consultant. A CIT can provide up to 15 hours of consultation to an EMDR Therapy trained clinician who is working towards EMDRIA Certification. EMDRIA Certification applicants must obtain 20 hours of consultation on their use of EMDR therapy with clients. The remaining 5 hours of required consultation must be provided by an Approved Consultant. Ms. Compagnoni is receiving her consultation-of-consultation from Cynthia Kong, LMFT, LPCC. Ms. Kong is an EMDRIA Approved Consultant, EMDR Institute Training Facilitator, and EMDR Trainer for Trauma Recovery/HAP.

2. Purpose of Consultation

There are several different reasons a Consultee seeks consultation. Which reason is of primary importance to you now?

- _____ To gain knowledge and confidence using EMDR, but not for EMDRIA credential purposes
- _____ To achieve the EMDRIA Certification credential

Your reason for entering consultation directs the type of consultation activities. As you develop, you may choose to change the focus of consultation. As soon as you decide to make changes in your focus, please let your CIT know and we will discuss the change in activities or requirements at that time.

Consultee's Initials: _____

3. Confidentiality & Client Consent

Confidentiality is paramount and required on all cases discussed during consultation sessions. Do not include any information that will identify the case you are presenting or sharing with CIT. If recording a client session for the purpose of consultation, it is Consultee's responsibility to obtain signed client release to record and maintain this release.

4. Consultation vs. Supervision

Consultation is NOT supervision. Consultation focuses on mastery of standard EMDR therapy and integrating EMDR into your practice. You are responsible for the therapeutic relationship with your clients and competency in the modalities you offer. As a consultant, your CIT does not hold liability for how you practice. Consultation does not substitute for foundational psychotherapy skills. Should concerns in this area become evident, CIT may require that these concerns be remedied prior to writing a recommendation for Certification.

5. Expectations & Requirements for Those Seeking EMDRIA Certification

If you are seeking consultation towards EMDRIA Certification, CIT will be evaluating your proficiency and fidelity in implementing the 8 Phase, 3 Pronged approach of standard EMDR Therapy. CIT requires work samples of Consultee's case conceptualization using the AIP model, Consultee's application of EMDR Therapy, and evidence of correcting any concerns, prior to writing a recommendation letter towards EMDRIA Certification. Examples of Consultee's clinical work with clients is essential to the consultation process and may include video or audio recordings, near verbatim transcripts, and/or live demonstrations.

Consultee may use additional CITs or Approved Consultants (beyond the Approved Consultant required for 5 of your 20 certification hours), and CIT encourages this, especially if they have a specialty area that fits your needs. However, please note that CIT requires a minimum of 10 hours of consultation with Consultee in order to be able to write a letter of recommendation for Certification. Please notify CIT if additional Consultants are utilized towards hours of EMDRIA Certification.

After the completion of required consultation hours, CIT will write a letter of recommendation for certification that Consultee has acquired the skills and knowledge base to be Certified. If the skills and knowledge have not been demonstrated, CIT can provide written documentation of the time spent in consultation, the skills and knowledge acquired, and the areas still needing improvement, or CIT can continue to provide consultation until Consultee is able to demonstrate the appropriate skills and knowledge. CIT will discuss issues as they arise, especially if Consultee is having difficulty.

Consultee's Initials: _____

6. Expectations of All Consultees

Consultee should have questions and cases prepared ahead time to make the best use of the consultation.

Consultees are expected to practice within the ethical guidelines of both their license and professional associations. EMDRIA states that if there is no professional association, then the APA’s code of ethics will be the standard for all EMDRIA members. It is the Consultee’s responsibility to stay current on both the laws and ethics applicable to them.

7. Scheduling & Fee

Individual consultation appointments will be scheduled as schedules permit. Suggested frequency is 1-2 hours per month, though this can vary.

The fee for individual consultation is \$120 for 60 minutes. Payment is expected at the time of service and may be paid by cash, check, credit card. Once an individual consultation appointment is scheduled, the Consultee will be expected to pay for it unless she/he provides 24-hour advance notice of cancellation (this is waived in the case of emergencies).

For telephone or Zoom consultation sessions, Consultee may pay either by sending a check to CIT (which must be received prior to consultation session), by PayPal, or by filing out a Credit Card Authorization Form, authorizing CIT to charge your credit card at the end of each consultation.

I have read and understand the above conditions and expectations. The above information was discussed with CIT during the first consultation session.

_____ Date: _____
Consultee’s Name (Print) Signature

_____ Date: _____
CIT’s Name (Print) Signature